



BIMGAP Application *Questions*

Personal Details

1. First name
 2. Surname
 3. Occupation
 4. If you currently work within the fields of body image, exercise and health, please detail your role below.
 5. Address/location
 6. Email address
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Social Media Engagement

7. Facebook username (exactly as it appears)
Number of followers
 8. Instagram Username
Number of followers
 9. Twitter Username
Number of followers
-

Let's explore your engagement with the Body Image Movement ...

10. How long have you been following the Body Image Movement?
 11. Please describe how you have been an active member of the BIM community to date. E.g. Do you receive our email updates? Have you read, or seen, Embrace? Do you follow BIM on social media?
 12. Please describe, in your own words, a few of the values and vision of BIM.
 13. What is your understanding of the Body Image Movement Global Ambassador Program (BIMGAP)?
 14. What is your understanding of the role of a Body Image Movement Global Ambassador (BIMGA)?
 15. In your own words, what are BIMs attitudes towards exercise and fitness?
 16. In your own words, what are BIMs attitudes towards food and dieting?
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Introduce us to your world!

17. Aside from the online world, how are you connected to your local community? E.g. Clubs, schools, associations etc.
 18. What super cool connections do you have within your local and online communities that you can brag about?
 19. Please identify some of the body image issues or concerns you see as needing to be addressed within your community (local and/or online)?
 20. If you were to host an event, to promote body positivity and encourage body image conversations within your community, what would it look like?
 21. What skills would you bring to BIMGAP?
 22. Aside from embracing, what else do you love to do in your spare time?
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Demonstrate your level of commitment to the cause!

23. Each week we require our BIMGAs to spend one unpaid hour promoting the messages of BIM and promoting body positivity. We also require our BIMGAs read their BIMGAP Update emails and regularly check-in with the private BIMGAP Facebook Group.

Is this something you can (and would like to) commit to?

24. How do you imagine you would spend your weekly hour-of-power?

Show us your heart ...

25. How would you describe your current relationship with your body?

26. Why are the values and vision of BIM, and promoting body positivity, personally important to you?

27. Why would you like to be a Body Image Movement Global Ambassador (BIMGA)?

WARNING: You may need a box of tissues to answer this next one!

It is rare that one finds themselves in a position, as BIM Founder Taryn Brumfitt did, to share their journey from body loather to body lover with anyone else. We would like to extend the opportunity to you should you wish, to share your story with us ...

PLEASE NOTE: Choosing to share, or not share, your story with us will in no way impact the outcome of your application.

28. Please share with us your journey from body loather to body lover.