Taryn Brumfitt

Taryn Brumfitt is the fiercely passionate thought leader behind the Body Image Movement.

Best-selling author and director of the inspiring social-change documentary Embrace, Taryn’s global crusade to end the body dissatisfaction epidemic has seen her recognised by the United Nations Women, Amy Poehler’s Smart Girls and the Geena Davis Institute.

Taryn’s determination to shift the way the world thinks about themselves and their bodies has the support of high-profile personalities including Olivia Newton-John, Rosie O’Donnell, and Ashton Kutcher who famously praised her activism as being “good for the world.”

Named alongside Beyonce and Emma Watson in Germany’s Brigitte magazine’s ‘Woman of The Year’, Taryn’s positively infectious voice and powerful message has reached over 200 million people via the likes of the L.A Times, Washington Post, The Doctors, Good Morning America, The Project, Australian Story and The Today Show.

Taryn lives in Adelaide with her partner Tim, their four children, 2 cats and 1 rambunctious Schnauzer.

AWARDS AND ACCOLADES

• Finalist Australian of the Year Awards 2019
• Awarded the South Australian Award for Excellence in Women’s Leadership by Women & Leadership Australia (WLA) 2018
• Finalist 100 Women of Influence by The Australian Financial Review 2018
Embrace

the Documentary

*Embrace* is a social impact documentary that explores the serious issue of body loathing, inspiring us to change the way we feel about ourselves and think about our bodies.

Released in 2016, the film is relevant, relatable, highly engaging – but above all life changing. Nominated for the Documentary Australia Foundation Award for Best Documentary, *Embrace* has been seen by millions and has created a ripple of positive change across the globe.

The documentary was supported by 8909 Kickstarter pledgers who responded to the fundraising trailer released in 2014. The trailer has now had over 45 million views.

**Kickstarter Trailer Views.**

45.7 MILLION

**Embrace Trailer Views.**

44.3 MILLION
Embrace Milestones

2014. Taryn launches the Kickstarter campaign to raise $200,000 to make Embrace the documentary. The Kickstarter campaign trailer goes viral with over 8 million views in 15 days.

2014. The Kickstarter campaign raises $331,000 and becomes Australia’s most successful crowdfunded campaign in history.

2016. Embrace the documentary premieres at the Sydney Film Festival and invited to screen at the New Zealand International Film Festival.

2016. Embrace screening hosted by Natasha Stott Despoja and Joe Hockey at the Australian Embassy in Washington DC.

2016. Embrace goes #1 on iTunes in Canada and the US.

2017. Embrace opens in cinemas in Germany with 52,000+ attendees on opening night. Embrace hits #1 at the box office beating Guardians of the Galaxy and King Arthur.

2018. Embrace releases on iTunes in the UK and goes to the #1 spot within 5 days.

2018. Embrace becomes one of the most successful documentaries in Australian history generating over $3.5 million dollars in revenue globally.
Street Cred.

Taryn and the Body Image Movement have the support of some amazing friends of reach and influence. Our content is consumed and shared by the likes of Jamie Oliver, Rosie O’Donnell and Celeste Barber to name a few.

<table>
<thead>
<tr>
<th>Name</th>
<th>Title/Role</th>
<th>Quote</th>
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<tbody>
<tr>
<td>Ashton Kutcher</td>
<td>Actor</td>
<td>This is good for the world.</td>
</tr>
<tr>
<td>Ricki Lake</td>
<td>Actress</td>
<td>Just so so imperative for girls and women everywhere.</td>
</tr>
<tr>
<td>Olivia Newton-John</td>
<td>Actress</td>
<td>I have long admired Taryn’s total acceptance of her body. We can all learn from her!</td>
</tr>
<tr>
<td>Louise Minchin</td>
<td>Presenter, BBC One</td>
<td>I’ve watched this film. It’s extraordinary. It’s a brilliant film.</td>
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<tr>
<td>5 STARS</td>
<td></td>
<td>5 STARS Embrace is a compelling, inspiring viewing experience that is in no short supply of joy.</td>
</tr>
<tr>
<td>Teresa Palmer</td>
<td>Actress</td>
<td>Taryn is warm, joyous and dedicated. This book is a gift to all women; let it be your bible.</td>
</tr>
<tr>
<td>Olivia Newton-John</td>
<td>Actress</td>
<td>I have long admired Taryn’s total acceptance of her body. We can all learn from her!</td>
</tr>
<tr>
<td>Lorna Jane</td>
<td>Founder, Lorna Jane</td>
<td>I wholeheartedly embrace what Taryn is doing to inspire women.</td>
</tr>
<tr>
<td>Mia Freedman</td>
<td>Creative Director, Mamamia</td>
<td>Every woman, and every girl, needs to read this book. Taryn will literally change your life.</td>
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Motivational Speaker

Taryn is one of the world’s most sought after international speakers, inspiring and enlightening audiences in every pocket of the globe.

Whether motivating the next generation at Google HQ or becoming General Electrics’ highest rated speaker, Taryn has delivered over 100 keynote ‘performances’ worldwide.

And whilst she loves addressing the masses at her speaking events, there is nothing more deeply satisfying for Taryn than speaking at schools and embedding the messages of ‘embrace’ into the hearts and minds of students.

A keynote with Taryn at your school will leave a lasting impression, with students having a clear direction on how to ‘Embrace’ their bodies.

**TOPICS COVERED:**

- Why having a positive body image is your super power
- The importance of ‘Move, Nourish, Respect, Enjoy’ and how these 4 pillars play a pivotal role in body positivity
- Resilience & keeping positive through adversity
- How to be your ‘authentic’ self without being influenced by the media
- Positive role models
- Social Media

Please note that Taryn delivers a tailored presentation to each school’s needs.

**SNAPSHOT OF SCHOOLS VISITED**

- Immanuel College
- St Michaels Senior College
- Pembroke
- Seymour College
- Wilderness School
- Walford Anglican School
- Melbourne Girls Grammar
- The Hills Christian College
“Not surprisingly, Taryn has rated as our most valued external speaker. The feedback has been overwhelmingly positive, with many participants sharing their profound insights and empowerment to act differently for the betterment of themselves, their daughters, friends and family.”

GEWN VICTORIAN COMMITTEE
GENERAL ELECTRIC

“On the day she delivered a memorable, punchy session with new content that had everyone laughing and leaving inspired - just what we were after! The session was really well-reviewed with delegates commenting on the passion that Taryn brought to her session. Thank you!”

RACHEL BAKKER
Event Manager
CPA AUSTRALIA

“Taryn was a hoot to work with! She brought our audience to their feet with her no-holds-barred approach to loving their bodies more and bringing an awareness to the issue with an unparalleled level of passion and enthusiasm that only Taryn can.”

EMMA ISAACS
Founder / Global CEO
BUSINESS CHICKS

“From a Google perspective we just love what Taryn brings to the table. We go at it from a data perspective, thinking deeply about the things we can do to change the world and we love how Taryn connects the data and the emotion together. Awesome and amazing presentation.”

ELLE DUNCAN
Global Brand Solutions Lead
GOOGLE HQ

“We didn’t realise the impact Taryn would have on our audience. Rather than simply engaging a speaker to ‘entertain’, it turns out we engaged a speaker who connected deeply with a diverse and well educated group of professionals. And it wasn’t just the women who were moved. Great speaker and highly recommended.”

BRYON GREGORY
CEO
HEALTH PARTNERS

“On our feedback forms, Taryn was given top marks by all. There is no doubt that Taryn changed lives at our conference. She empowered our teachers who have now been inspired to empower their students. The message Taryn delivers is one that is desperately needed in the world of girls and women.”

JACKIE RAWLINGS
Managing Director
BJP PHYSICAL CULTURE
School Speaking Fees and Conditions

SPEAKING FEES
School Speaking Fees
Keynote: $2500 + GST*

PAYMENT TERMS
50% non-refundable deposit to secure the booking date. Balance payable 7 days prior to the event.

Full terms and conditions will be forwarded to you via email upon confirmation of date.

*Please note that Taryn is also available for virtual talks.

"I was delighted with the response of over 120 adolescents to Taryn’s talk at our school. The message is imperative to assist in vulnerable teenagers who are being bombarded through advertising and social media. Thanks for making a difference in so many lives"

CHRIS RIEMANN, PRINCIPAL
THE HILLS CHRISTIAN COMMUNITY SCHOOL
Want to book Taryn as an inspirational and thought-provoking speaker for your next event? Get in touch via the following details.

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